

North Wales housing group's £38m plans for a health and wellbeing centre in Gwynedd

Grŵp Cynefin has unveiled £38m plans for a health and wellbeing centre in Gwynedd.

The North Wales housing group has made public its vision document for Canolfan Lleu in Penygroes.

It is working with partners Gwynedd Council, Betsi Cadwaladr University Health Board and Theatr Bara Caws on the proposal.

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The site – formerly Express Motors – will offer:

- 36 bed residential home.
- 17 flats that facilitate independent living.
- Core general medical services with shared facilities, a community pharmacy and dental service.
- Traditional and preventative community health services.



Grwp Cynefin has made public its vision document for Canolfan Lleu in Penygroes

(Image: Grwp cynefin)

- Multi-purpose spaces for young people, support services and spaces for the third sector.
- New Grŵp Cynefin offices incorporating suitable spaces for modern, flexible working.
- A new home for Theatr Bara Caws including offices, rehearsal space and a theatre.
- Spaces for intergenerational activity.

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The whole site will include green spaces and also aims to be net zero, utilising locally sourced, sustainable materials with a circular economy principles in mind.

Shan Lloyd Williams, chief executive of Grwp Cynefin says: "Publishing the Canolfan Lleu Vision Document is a significant milestone in this exciting and innovative project. It's the result of years of close consultation with the communities of the Nantlle Valley and our partners to truly understand the needs and aspirations of those communities, to develop a really strong business case and to look at how it can all come together.

"I'm immensely proud of the work that has already been done and am looking forward to the next stage, further developing the details and securing the funding."



Liz Saville Roberts MP and constituent MS Sian Gwenllian met members of Grŵp Cynefin and project partners on site, where they welcomed the proposed project

(Image: Grwp cynefin)

Wyn Thomas, Assistant Area Director of Primary Care for Betsi Cadwaladr University Health Board, said: “Bringing services and care closer to people’s homes is a central part of the Health Board’s vision for providing health services in the future.

“The development in Penygroes will provide a focal point for primary care and community-based health services in the area, as well as services from our partner organisations, all under one roof.”

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Craig ap Iago, Gwynedd Council's Cabinet Member for Housing, said: "I really believe this is the most exciting thing to happen in our area for years. If we get it right, it will go a long way towards creating an economically, socially, and environmentally sustainable Bro Lleu."

Berwyn Morris-Jones from Theatr Bara Caws said: "Increasingly we are seeing the important role of the arts in promoting and sustaining wellness and health. A new HQ for us as well as a new theatre for the public fits naturally into the vision and the benefits for us as a company and our customers is immense."

The Welsh Government has endorsed the vision and has contributed financial support through an ICF grant to develop the planning stages.

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